

## Health questionnaire " QS - SPORT»

This health questionnaire will tell you whether you need to provide a medical certificate to renew your sports registration to Nissport.

Answer the following questions with YES or NO*.	Yes	No
<b>Over the last 12 months</b>		
1) Has a member of your family died suddenly from a heart-related or unexplained cause?		
2) Have you experienced chest pain, palpitations, unusual shortness of breath or discomfort?		
3) Have you had an episode of wheezing (asthma)?		
4) Did you lose consciousness?		
5) If you stopped doing sport for 30 days or more for health reasons, did you resume without a doctor's approval?		
6) Have you started any long-term medical treatment (excluding contraception and allergy desensitisation)?		

Answer the following questions with YES or NO*.	Yes	No
<b>As of today</b>		
7) Have you experienced pain, lack of strength or stiffness as a result of a bone, joint or muscle problem (fracture, sprain, dislocation, tear, tendonitis, etc.) in the last 12 months?		
8) Have you stopped practising sport for health reasons?		
9) Do you think you need medical advice to continue playing sport?		
<b>*NB: The answers given are the sole responsibility of the licensee.</b>		

**If you answered NO to all the questions :**

No medical certificate is required. Simply certify that you have answered NO to all the questions filling in the Statement of honor.

**If you answered YES to one or more questions :**

Medical certificate required. Consult a doctor and present this completed questionnaire.

